



THE COLLEGE OF  
OPTOMETRISTS

# Stage Two

## Overarching case scenario 29

**AGE AND GENDER** 68 year old female

**ETHNIC BACKGROUND** Asian

**OCCUPATION AND HOBBIES.** Administrator for online travel forum, enjoys reading and cooking

**PRESENTING SYMPTOMS AND HISTORY**

Diagnosed with dry AMD R&L 4 years ago by optometrist, vision seems to be gradually getting worse for distance and near over the past 18 months R>L.

Now having more difficulty with screen work and reading is no longer enjoyable.

Problems also seeing food ingredients when shopping.

Few frontal headaches now and again, no flashes or floaters, no diplopia.

Mother suffers from glaucoma.

Not registered sight impaired but interested in finding out about more help.

**GENERAL HEALTH AND MEDICATION** No treatment for AMD, not been seen by the HES. General health is ok, takes vitamin supplements and is lactose intolerant.

**PRESENT Rx, CENTRATION AND ACUITIES :**

R +2.00/-1.25x180 1.00 LogMAR Near Add +3.00 N 18

L +1.00/-1.00x175 0.9 LogMAR Near Add +3.00 N 18

**PD/NCD** 62/58 mm

**VISION** R 1.00 LogMAR L 0.8 LogMAR

**PINHOLE VISION** R 1.30 LogMAR L 0.8 LogMAR

**REFRACTION**

R +1.50/-1.25x180 0.8 LogMAR Near Add +3.00 N18

L +1.50/-1.25x180 0.8 LogMAR Near Add +3.00 N12

Tried +4.00 Add VA R N 12; L N10

Tried +8.00 Add VA R N 6just; L N 6just

Tried x2 magnifier with existing Rx R N8; L N6

Told px could order other options in for her to try.

**BINOCULAR STATUS** with and without Rx Distance NMD Near 4 XOP

**PUPIL REACTIONS** D, C and N full but slow R & L. No RAPD seen

**FUNDUS EXAMINATION** : see attached

**FIELDS** Not possible

**IOP** R 20mmHg L 20mmHg @ 3.30pm NCT

**EXTERNAL EYE EXAMINATION** : all healthy R&L

# Fundus Image

